

The Affinity House Rules

Mission Statement: To provide a safe, ethical and nurturing recovery environment for women to heal and attain a lifetime of empowerment and self-worth.

Life at the Affinity House will be encouraging and harmonious. To maintain harmony between residents, encourage appropriate behavior, and give all a chance to be helped by its program, we have established specific rules that all residents must abide by. Before admission to The Affinity House, please carefully read these rules to understand what will be expected of you here.

1. The Affinity House (AH) is a clean and sober facility – **drug and alcohol use are strictly prohibited**. Any violation of this rule is cause for discharge. All potential residents are required to submit to random drug and alcohol screening upon admission and at any time upon demand. Refusal to provide screening will result be considered a positive test and result in discharge. If drug or alcohol use is suspected, staff will investigate suspected use. Any disorderly response will lead to the police being called. If a resident submits a positive drug or alcohol test the following will occur:
 - a. Resident will have one hour to leave the house and 72 hours to coordinate gathering their belongings with a staff member if you cannot take your belongings right away. If resident agrees to treatment, they can be considered to return on a case by case basis.
2. Prescribed medications that are considered controlled substances will all be held by the House Manager in a locked box located in the office. You will need to coordinate with the House Manager a set schedule that is mutually agreeable to take your medications as prescribed. We do not dispense medications. If you abuse your medications, the House Manager will write you up and at their discretion, you may be discharged from The Affinity House.
3. The Affinity House reserves the right to conduct random, unannounced room inspections. Discovery of illicit substances or contraband may result in immediate discharge and the filing of police reports. Contraband items include, but are not limited to: drugs, drug paraphernalia, alcohol, and weapons of any kind.
4. Disruptive behavior is not tolerated. These acts include, but are not limited to: verbal threats, sexual harassment, physical violence, destruction of property and/or intimidation of any manner. Any such acts are grounds for discharge.
5. The Affinity House is not responsible for lost or stolen property. If you have anything of significant value, we suggest you do not bring it. If you must, discuss having it locked up with the House Manager. Theft is not tolerated. This offense will result in immediate discharge. If you bring any furniture to The Affinity House it is assumed that it will remain in the house even after you leave.
6. Any household items that are broken or damaged by a resident must be replaced. Damage to building structures, equipment or appliances must be done by a professional that has been authorized by AH staff and paid for by the resident.

7. All residents are required to participate in either employment, volunteering, school or an addiction outpatient program, such as PHP/IOP.
8. All residents must attend a minimum of 4 recovery meetings per week. Failure to attend required meetings may result in warnings and eventually discharge after three warnings. Attendance at the weekly House Meeting is mandatory (and counts as one meeting) unless you have been excused by an AH staff member.
9. All residents must have a sponsor within 30 days of move-in. We also suggest working with a recovery coach.
10. Overnight Pass privileges are contingent upon staff approval and are not permitted within the first month of your residency. All requests must be submitted at least 48 hours in advance. Approval of a request is contingent upon completing all house obligations. Curfew is 10:00pm Sunday through Thursday and 11:00pm on Friday and Saturday. An extension can only be approved by an AH staff member.
11. No stopping, idling or parking is allowed in the driveway between the two houses as this is a shared driveway. Absolutely no one is to park behind the neighbor's house on the right or in front of the garage door all the way to the right. Street parking is allowed during the day with a permit from the town.
12. All visitors (female only) must follow the house rules. Visitors are allowed on site during visiting hours only. Visiting hours are from 10:00am to 8:00pm. You must always stay with your guest.
13. Residents are responsible for the purchase and preparation of their own snacks and meals. Label your food and drink. If it is not yours, do not eat/drink it. As fridge and cabinet space is shared and limited, please shop only for what will fit in your designated area.
14. Do not leave cigarettes/e-cigarettes unattended. Dispose of your ash and butts in the disposal cans/ashtrays provided.
15. Cleanliness starts with self; keep personal room area clean and orderly. Be considerate of roommates and others. No alterations are to be made to any of the rooms without consent from the staff, including but not limited to nailing anything to the walls or hanging pictures/things.
16. All residents must complete assigned chores daily/weekly. If you are on an overnight or will not be at home, you are responsible for finding someone to cover your chore. Failure to complete chores may result in denial of overnight request.
17. Reasonable noise levels are always to be maintained. No yelling, screaming or excessively loud music/TV. TV use should be at minimal sound levels. When playing music in common areas, the type of music should be generally acceptable by others and not excessively loud. When playing music on the floor, the music must be acceptable by everyone on the floor and played at a minimal sound level. The use of headphones is strongly encouraged.

18. Do not leave laundry unattended and be prompt in removing your clothes from the washer as soon as it is finished. When hanging clothes, be sure to remove once they are dried to make room for others. A laundry schedule sign-up sheet will be used if necessary.
19. Personal items left by discharged residents will be held for maximum of 72 hours then donated to a local thrift store. Residents are responsible for planning with staff in advance for the pick-up of their personal belongings.
20. Please become familiar with emergency plans posted on the bedroom doors. Always practice safe habits. No candles, incense or other fire lit products are to be used in the house. Be aware of fire exit locations and how to use them for all emergencies. Know how to call 911 in an emergency. Smoke only in designated areas. Narcan kits are available in the kitchen and are clearly visible.
21. Do not for any reason tamper with the temperature of the refrigerators. If you have a concern, speak with an AH staff member. No extension cord or power strip use without AH staff member's approval to ensure safety.
22. All exterior doors are to be locked at all times. No exceptions. Please keep exterior doors closed so the cats do not get out!
23. If an issue arises that is not addressed here, or in emergency posts, do not assume you know the answer. Ask staff first before acting.
- 24. Residents in violation of any House Rule may be subject to discharge.**
25. All Affinity House rules are subject to review, update and change. All residents will be provided with any updated/changed rules upon approval. Feel free to make any suggestions you see fit as well.

I, _____, have read and voluntarily agree to abide by all the rules of The Affinity House. I do hereby agree to comply with all the rules listed above and understand all that is expected of me during my residency in The Affinity House.

Resident Signature

Date

Staff Signature

Date